



Winter 2022

Our mission is to create a healthy and stable community for all.

HELPING KENDRA FIND LONG-TERM STABILITY*

YOUR GIFTS HELPED KENDRA AND HER FAMILY NAVIGATE UNCERTAINTY

Kendra first visited ICA after fleeing her home country in East Africa and arriving in our community. She initially came to ICA for a helping hand, while navigating the challenges of settling her two children into a brand-new area.

Suddenly facing food insecurity, Kendra was able to access our choice-model food shelf, which eliminated the necessity of spending time and money on grocery shopping. In addition to providing kid-friendly meals, Kendra was also able to take home culturally-relevant foods from ICA.

Now with convenient access to food, Kendra could devote more energy toward finding full-time employment. Meeting with ICA's employment specialist, she was able to receive assistance with crafting a resume, practicing interview skills and completing applications.

Currently employed by a local medical company, Kendra recently reached out to thank our team and provide a life update. Her eldest daughter just graduated college and Kendra credits ICA with ensuring her family had the necessary resources to find long-term stability.



**Note: To protect client privacy, we have changed names and identifying details and used stock photos in the included stories.*

KEEPING NATALIE IN HER HOME*

YOUR GIFTS PROVIDE SO MUCH MORE THAN JUST FOOD

Natalie is a single mother living in Minnetonka with her two children. She has a full-time job, although her employer does not offer sick pay. Following a serious medical diagnosis, Natalie had to miss multiple weeks of work.

Missing paychecks meant Natalie didn't have enough funds to cover her families rent and utility bills. Unsure how to bridge the gap, she turned to ICA. Our housing assistance team was able to work with Natalie and cover her rent, which ensured her family would remain under a roof and away from homelessness. She also was able to visit our food shelf, which provided her family with healthy, nutritious food in a tough time.

Back at work and financially stable again, Natalie recently reached out to thank our staff and volunteers. She says, simply put, ICA "saved" her family and she's forever grateful.



Natalie was able to receive housing assistance from ICA -- which helped her family avoid eviction!

SUPPORT ICA WITH A MEAL AT MAYNARDS

THANK YOU, MAYNARDS!

A major thank you to an *amazing* community supporter! **First started 15 years ago, Maynards will again be hosting ICA Day on Monday, November 28th.** Spend the day at Maynards as 100% of all gross proceeds will benefit ICA.

"We always have believed in giving back with our restaurant," explains Maynards owner Tom Stevens. **"The more we give, the more we receive. It always seems to work out that way."**

Make your ICA Day reservations now by calling 952-470-1800.



**ICA DAY AT
MAYNARDS!**

Monday, November 28
100% of the gross proceeds
benefit ICA!

RESERVED SEATING
952-470-1800 for reservations
Maynards - 685 Excelsior Blvd.
Excelsior, MN 55331

ICA
Your Local
FOODSHELF.

Read the full interview with Tom Stevens at www.icafoodshelf.org/blog



You guys are amazing! I'm very blessed to be a part of a community that cares. I can't thank you enough!

-- ICA Client



SUPPORT ICA'S GIVE TO THE MAX CAMPAIGN!

November is here, which means ICA's Give to the Max campaign is officially underway! This year, we're encouraging supporters to make a big impact by giving monthly. If you already give monthly, we invite you to increase your contribution.

And here's the exciting news... You can double your impact by giving through November 17th! In fact, every dollar donated as a monthly gift will be matched up to \$15,000! We have high hopes for 2023 and your investment is needed now more than ever.



Donate today at www.icafoodshelf.org/give-to-the-max

ICA FOOD SHELF (952) 938-0729 · icafoodshelf.org

Administrative Office
12990 St. Davids Road
Minnetonka, MN 55305

Food and Client Services
11588 K-Tel Drive
Minnetonka, MN 55343



ICA is a 501(c)3 organization. Tax ID # 41-0979010 Your donation is tax deductible to the fullest extent allowed by law. Serving residents of Hopkins, Minnetonka, Excelsior, Shorewood, Deephaven, Greenwood, & Woodland since 1971.